

**South
County
Toastmasters**

SPEAKERS FORUM

August 2008



Contact:

**Carl H. Hendrickson
4661 Markton Drive
St. Louis, Missouri 63128-4415
(314) 892-6451
carl@hendricksons.org**

T H E S P E A K E R S F O R U M

The Speakers Forum is a civic service project of South County Toastmasters designed to provide civic, religious and other community organizations with information on a number of topics of general interest to the public.

To schedule a speaker, at no charge, contact Carl H. Hendrickson, Chairman, The Speakers Forum, 4661 Markton Drive, St. Louis, MO 63128-4415, telephone (314-892-6451), or e-mail (carl@hendricksons.org), at least two weeks in advance. Due to the demand for speakers, please indicate at least three topics in order of preference and The Speakers Forum will try to accommodate your request.

Many of our prepared speeches are listed in the table of contents. Please let us know if you have a specific topic in mind that is not included on the list.

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BUSINESS & FINANCE

Career Planning – Mary Menke

It's Never Too Late

In today's economy, layoffs, downsizing, mergers, and acquisitions have made job and career changes mandatory. Even though age discrimination is illegal, workers over the age of 40 are among the first to be laid off and the last to be hired. So what do people of a certain age – over 40, and certainly in their 50's and beyond – do when they find themselves unemployed, but still needing a paycheck? The presenter will give advice on planning ahead and following your passion, no matter what your age.

Communication – Georgia O'Bryan

Emotional Intelligence In The Work Place

What makes someone a top performer in the world of work? If you think IQ, advanced degrees, analytical skills, and technical expertise are the answer, it's time to think again. Experts now agree that Emotional Intelligence often determines who will climb the corporate ladder and who will be passed over. Exciting new research shows that, unlike IQ, Emotional Intelligence can be developed and increased during any point in one's career. In this speech you will learn why Emotional Intelligence is the final component to work place ability.

Conflict Resolution – Richard William Favaloro, J.D.

Good Rules for Conflict Resolution – Forget all those buzzwords like “personality conflict” and “oil and water.” Believe it or not, all conflicts have the same cause, and when you see it, you see the solution. The presenter uses painting, mathematics, martial arts, music and more to make it enjoyable and deeply motivating.

Employee Involvement – Bill Collier

The Practical Power Of Open-Book Management

Do your employees go beyond simply performing their jobs? Are they truly engaged in the quest for your organization's success? Find out about Open-Book Management (OBM) and how to use it to engage your workforce, create a high-involvement culture, and improve your company's performance.

Employee Motivation – Richard William Favaloro, J.D.

Good Rules For Great Employee Motivation – You've got good people and a good product or service; why isn't your business soaring? Oops. You missed the point. Great motivation is about good rules for treating people. And here they are! The presenter uses painting, mathematics, martial arts, music and more to make it enjoyable and deeply motivating.

Excellence – Bill Collier

Excellence: Better Than Yesterday & Better Than The Competition

Use the dual concepts of “Challenge Everything” and “Know what's important to your customers” to embed a culture of Continuous Improvement in your organization. Chock full of take-aways you can use right away to improve your organization.

Goals – Richard William Favaloro, J.D.

The Good Rules Way - When you use good rules, you meet your goals, every time. Learn this 100% reliable formula for meeting all your business goals all the time. It works! The presenter uses painting, mathematics, martial arts, music and more to make it enjoyable and deeply motivating.

Hiring Employees – Bill Collier

Hiring Smart: Get the Right People On Your Team

You can hire hard and manage easy, or vice versa. It's your choice. *Your hiring process is the single most important activity your business or organization performs.* Get it right, and you're likely to experience smooth sailing. Get it wrong, and your organization will never realize its potential. The presenter provides advice you can use right away to start letting in the right people while keeping the wrong ones out.

Leadership

Developing Leaders - Carl Hendrickson

A look at leadership – what is a leader and how does one develop that unique skill of “leadership.” Whether one runs a small business or heads a major corporation, it is important that leaders are developed who can provide the guidance necessary for present and future success.

Good Rules For Great Leadership - Richard William Favaloro, J.D.

You think leadership is about style, compatibility, experience, charisma, and you don't have all that? Have confidence: when you use good leadership rules, you achieve great leadership. Get those rules here! The presenter uses painting, mathematics, martial arts, music and more to make it enjoyable and deeply motivating.

Legal – Carl Hendrickson

There Can Be A “U” In Sue

An overview of certain legal remedies available to lay persons without the assistance of counsel, with emphasis on the Small Claims Court. This presentation, by an attorney, provides the audience with insight into “self-help” to redress a grievance.

Meetings

The Great Meetings Rule Book - Richard William Favaloro, J.D.

Have great meetings every time by using these six simple Good Rules for Great Meetings. A bonus: you get to become the author of your own Great Meetings Rule Book! The presenter uses painting, mathematics, martial arts, music and more to make it enjoyable and deeply motivating.

We've Got To Start Meeting Like This! - Bill Collier

Business meetings are too often a waste of time and energy. Find out how to run a meeting that results in real, concrete action and progress - whether you're in a small business, a large corporation, or a non-profit/volunteer environment.

Policies And Procedures- Richard William Favaloro, J.D.

Policies And Procedures To Inspire And Motivate - Policies and procedures? Ugh -- But not after this presentation! Learn how they can work wonders. Organizations make and meet goals by enacting, instructing, igniting and achieving good rules. The presenter uses painting, mathematics, martial arts, music and more to make it enjoyable and deeply motivating.

Presentation Skills

Good Rules For Great Presentations - ***Richard William Favaloro, J.D.***

You've got that big presentation to do, and you need to nail it, but you're not ready? After this you will be! Great presentations are about great presentation goals and making and using good rules to deliver. Make your presentations brilliantly conceived, organized, dynamic, polished ... and stick the landing! The presenter uses painting, mathematics, martial arts, music and more to make it enjoyable and deeply motivating.

Presentation Skills, Continued

Scared Speechless – ***Tom Terrific***

The number one fear voiced by many individuals is the fear of public speaking. This presentation will aid the novice or the veteran speaker to overcome nervousness and to get the butterflies in the stomach to fly in formation.

MARS Disease – ***Tom Terrific***

Are you Monotone, Apathetic and Repressed in your speaking? Get the cure. The presenter, a veteran of Toastmasters and author and speaker on public speaking, will provide the tips one needs to improve speaking skills.

Success

Developing Your Dream - ***Georgia O'Bryan***

Have you ever gone to sleep and had a dream, when you woke up, you said to yourself, where did that dream come from? It's impossible! I could never do anything like that in real life. Have you ever had a dream when you are not asleep? Unfortunately many people never realize their full potential because they've never been exposed to the strategies that can show them how to dream, construct a personal development program, set goals, and fulfill their destiny. The presenter will provide you with 12 principles that will give you the framework to truly jump start your life and fulfill your dreams.

Success Despite - ***Kathy Denton***

An encouraging presentation that persuades the listener to pursue success in spite of obstacles. The presentation examines the lives of individuals who were highly successful despite tremendous challenges, including Lance Armstrong, Peter Foppe (no arms) and Helen Keller.

Writing – Mary Menke

Nine Keys To Effective Business Writing

Many individuals believe that if they perform their job duties adequately, it does not matter if their writing skills are less than outstanding. Nothing could be further from the truth, as the presenter will explain. The ability to express oneself well in writing is a key component of credibility. Nine Keys To Effective Business Writing will help everyone, regardless of where they work or what they do, to become more competent and effective writers

HEALTH & WELLNESS

Alzheimer’s Disease – Steve Flick

They Just Fade Away

A man learns about Alzheimer’s - and about himself - as he watches his father slowly succumb to the disease. The presenter is a member of the Alzheimer’s Association – St. Louis Chapter’s Speakers Bureau, has participated in a number of Alzheimer’s studies, and has extensive experience addressing civic and church groups on this topic.

Organ Donation – Barb Sapienza

Story of a mother who donated a kidney to her 8-year-old son. First-person account from a living organ donor.

Pornography – Carl Hendrickson

Pornography: Destructive To Health

Pornography no longer is found only in backrooms of bookstores in sleazy neighborhoods; it now can be found in suburban shopping malls, in slick magazines and on television, videos and in the movies, on cell phones and through the Internet. Pornography debases women, desensitizes men, destroys marriages and is destructive to mental and moral health. It is not a “victimless” crime as the presenter will explain.

HISTORY

Baseball – Howard Brandt

Old Diz

Jay Hanna (“Dizzy”) Dean was one of the most colorful and talented players ever to put on a baseball uniform. He grew up dirt poor and was uneducated but gained fame as a major league pitcher and radio broadcaster. This presentation is his story.

Freedom – Carl Hendrickson

The Road To Individual Freedom

A history of the human rights’ documents that have served throughout history as the stepping stones to individual freedom – the Magna Carta, the Declaration of Independence, the Bill of Rights, and the Constitution.

Lafayette – Howard Brandt

Lafayette: Hero To America

The Marquis de Lafayette, a hero of the American Revolution, has all but been forgotten in current American History. This presentation is about his life, including his tremendous contribution to the American war of independence and his life after his return to France.

St. Louis

Growing Up In St. Louis In The Sixties – Steve Flick

There were just five TV channels (which most watched in black-and-white)...two Cardinals teams played at Grand and Dodier...the Arch, a new stadium, and the Spanish Pavilion changed the look of downtown...much of the County was still farmland...and four kids was a “small” family. A far different world than that of today.

History And Cultures Of Greater St. Louis – Max Kaiser

The presenter, who has extensive experience on historic preservation and conservation projects, will provide an interesting and educational talk about the history and cultures that make St. Louis unique. To understand the present and prepare for the future, one must know the history of our area.

St. Patrick – Carl Hendrickson

The Real Story Of St. Patrick

Who was St. Patrick? Did he chase the snakes out of Ireland? Why is green the color of the Irish? These and many other facts about St. Patrick and Ireland will be explored in this enlightening and entertaining presentation.

Uncle Tom – Howard Brandt

Uncle Tom: Wimp or Saint?

Uncle Tom’s Cabin was an important book written by Harriet Beecher Stowe before the Civil War. It is credited with changing many attitudes toward slavery. It was so inspirational that when Abraham Lincoln met the author, he was reported to say, “So you are the little lady who started the “Big War.”

Veterans – Alan Kirby

More Than Just A Name

This presentation is not only a tribute to veterans, but a fascinating story about an ordinary individual that will interest all students of history.

HUMOR

Growing Up in St. Louis in The Sixties – Steve Flick

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INSPIRATIONAL/MOTIVATIONAL

Alzheimer’s Disease – Steve Flick

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Childhood – Kathy Denton

Your Treatment Of A Child Could Save The World Tomorrow

This presentation encourages the audience to treat children appropriately by discussing how famous people, both good and evil, were treated as children and how this treatment affected them. Lives examined include those of Mother Theresa, Martin Luther King, and Adolph Hitler.

Civic Duty – Max Kaiser

Civic Involvement: The Grassroots Way To Improve Your Community

Today’s civic leader is no “superman,” no “larger than life” figure. It is someone who has grown tired of simply complaining about the quality of education in the schools, the increase of lawlessness in the community or the deterioration of the neighborhood and has stepped forward to volunteer time, talent and energy. This presentation will stress how one can improve the community by becoming “involved.”

Communication – Georgia O’Bryan

Getting to Yes

What is the best way for people to deal with their differences for example, what is the best advice one could give a husband and wife getting divorced. They want to know how to reach a fair and mutually satisfactory agreement. They do not want to end up in a bitter fight?

For most of us our words are spoken without consciousness. We rarely stop to think about what we are saying. Our thoughts, opinions, judgments and belief roll off our tongues without a care for the damage or the benefits they can produce. The speaker will share with you some very important communication skills.

Fear - Richard William Favaloro, J.D.

How to Overcome Fear

Wait a minute: some fear is bad for you, but some fear is good for you! Learn the difference and how to use good fear and pulverize bad fear. Rick uses painting, mathematics, martial arts, music and more to make it enjoyable and deeply motivating.

Future – Kathy Denton

Your Future Is Up To You

This presentation encourages high school students to attend college and uses a personal story of getting into college despite being turned down several times. The presenter examines the reasons why teens may believe they cannot attend college and the reasons why college must be an option. Also, the presenter will provide an overview of funding options for education.

Hope – Georgia O’Bryan

I Can

Stephen J. Cannell failed first, fourth, and tenth grades. He couldn’t read and comprehend like other kids in his class could. He would spend 5 hours with his mother studying for a test and then fail it. When he asked his friend who got an ‘A’ how long he had studied for the test, he replied, “I didn’t.” Stephen concluded that he just wasn’t intelligent. Stephen is a prime example of the fact that it is not what life hands you, but how you respond to it. This speech is a great motivator to one who says ‘I CAN’T’.

It’s Not Where You’re From, It’s Where You’re Going That Counts

When you are inspired by some great purpose, some extraordinary project, all your thoughts break their bounds: Your mind transcends limitations, your consciousness expands in every direction, and you find yourself in a new, great and wonderful world. Dormant forces, faculties, and talents become alive, and you discover yourself to be a greater person by far than you ever dreamed yourself to be.

Find out what it takes to succeed and some of the reasons why you would not succeed.

Leadership – Carl Hendrickson

Developing Leaders

A look at leadership – what is a leader and how does one develop that unique skill of “leadership.” Whether one runs a small business or heads a major corporation, it is important that leaders are developed who can provide the guidance necessary for present and future success.

Politics – Carl Hendrickson

Practical Politics

An overview of the American political system, with emphasis on party activities throughout the various spectra of political activity – the precinct organization, candidate selection and political campaigning. The importance of active citizen participation in the political process is emphasized by the presenter, a former member of the Missouri General Assembly.

St. Louis – Steve Flick

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TECHNOLOGY

Choosing Your Next Camera – Kathy Denton

Tips on making a wise decision with the purchase of that next camera. The presenter, who is a professional photographer, will explain the various types of cameras and how they can satisfy an individual’s needs, discuss the merits of digital vs. film, and provide input on camera training operations and service after the purchase.

YOUNG ADULTS

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HELPING OTHERS TO ...

- **Improve Communication Skills**
- **Develop Leadership Traits**
- **Become More Self-Confident**